

Cherry Tomato & Basil Tortiglioni Pasta RECIPE

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TIME10-15 minINGREDIENTS8 itemsMAKES4 servings

Simple and quick to prepare, because busy evenings shouldn't get in the way of enjoying a delicious meal

INGREDIENTS

- 300g dried Seeds of Change Organic Semi-Wholewheat Tortiglioni
- 1 tbsp olive oil
- 1 red onion, peeled and finely chopped
- 600g cherry tomatoes, halved
- 500g Seeds of Change Organic Tomato and Basil Pasta Sauce
- 40g freshly grated parmesan cheese
- 10g green basil
- Freshly ground black pepper

INSTRUCTIONS

- 1. Boil the pasta according to the packet instructions.
- 2. Heat the oil in a large frying pan over a medium heat.
- 3. Add the onion and fry until starting to brown.
- 4. Add the cherry tomatoes and fry for a further 3 minutes.
- 5. Pour over the Seeds of Change sauce, stir well and heat for a further 5 minutes.
- 6. Remove from the heat, stir through the cooked pasta and serve topped with grated parmesan, basil and black pepper.

Source URL: https://www.seedsofchange.co.uk/recipes/cherry-tomato-basil-tortiglioni